

Date: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State,  
Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell  
Phone: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Day of the Class: \_\_\_\_\_

Cost of the Class: \_\_\_\_\_

Payment: Cash \$ \_\_\_\_\_

Check Number: \_\_\_\_\_



ARCTIC ICE ARENA'S  
**TOT HOCKEY**

SIGN UP  
ANYTIME!



## 2015 Summer Session

Wed: June 10-August 5, 2015

Sat: June 13-August 8, 2015

Sun: June 14-August 9, 2015

(Classes may be subject to change without notice)

Now Taking Beginner Skaters With No Prior Experience!

For more information  
Contact Chris Cimoch  
at 708-403-4231 x138



Arctic Ice Arena  
10700 West 160th Street  
Orland Park, IL 60467

# Description

## Arctic Icemen "Tot Hockey" Classes

Instruction starts at the very beginning helping to build the child's confidence and teaches the student the basic skating skills of: balance, one- and two-foot glides, forward swizzles, forward pushing, backwards wiggles and swizzles, two-foot turns, walking sideways and two-foot snow plow stops.

The students then continues on to forward strides, forward crossovers, one-foot snow plow stops, and backward c-cuts. The basics of puck control, passing, and receiving will also be introduced. Each class will be divided by the player's skill.

### Equipment Requirements:

USA Hockey-approved helmet with face mask, hockey stick, protective hockey gloves, elbow pads, knee/shin guards, hockey skates, shoulder pads, hockey pants, athletic cup.

Each class meets 30 minutes per week.

The sessions last 8 weeks and the cost of the class is \$70



## Class Schedule: TOT HOCKEY SUMMER SESSION

### \*WEDNESDAY\*

CLASS AVAILABLE AT:

5:30pm

Classes Run From

June 10-August 5, 2015

**\*\*NO CLASS JULY 1ST\*\***

### \*SATURDAY\*

CLASS AVAILABLE AT:

10:30am

Classes Run From

June 13-August 8, 2015

**\*\*NO CLASS JULY 4TH\*\***

### \*SUNDAY\*

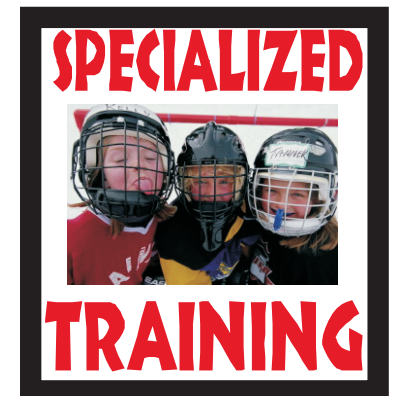
CLASS AVAILABLE AT:

10:30am

Classes Run From

June 14-August 9, 2015

**\*\*NO CLASS JULY 5TH\*\***



For more information call  
Chris Cimoch at 708.403.4231 x138